



Train the Trainer 3 Day

Three Day Online or Inhouse

.....

The Train the Trainer course is a practical blend of delivery, feedback and application of theory. Learners deliver 3 times with feedback, enabling them to apply their learning and test it. We provide full support and guidance for all participants to grow during a fun but intense experience.

Target Audience

.....

It is recommended as a first course for newcomers to training, and can be adapted for more experienced trainers seeking to refresh and learn new techniques.

Course Aim

.....

Our Train the Trainer aims to provide learners with a practical blend of delivery, feedback and application of theory. It is an intensive learning experience where learners develop their training skills quickly. Participants will be taken out of their comfort zone as they will stand up and deliver 3 times during the programme with intensive feedback and application using our unique 3 Step Model. Every participant will rethink their structure, content and message as a result of this training course.

Course Objectives

.....

By the end of the programme, learners will be able to design and deliver highly engaging training courses. You will:

- Know what makes training courses great
- Understand the difference between 'knowledge' and 'understanding' and be able to achieve the latter in your training
- Know the psychology of learning and memory and be able to structure your training to maximise learning
- Understand the dynamics within training groups and workplaces and know how to deal with these to deliver a great learning experience
- Know how to grab your learners' attention and maintain engagement throughout

“

Nigel has a wealth of training knowledge and can deliver the theory of business training to a high standard. Nigel has the ability to put trainees at ease and encourages them to make the most out of the opportunity.

Deborah
Irvine,
Production
Manager



Perfect training over the past few days. I have enjoyed it and learnt a lot.

Very engaging trainer. Put out of my comfort zone but it was needed to build confidence.

Inhouse Training Participants

Course Outline

Pre-course preparation: participants will be asked to attend with a 20 minute training session prepared on a topic of their choice.

Day One: Morning

- Introduction, aims and objectives
- What makes a great trainer (exercise)
- Individual delivery (practical with feedback)
- Barriers to learning
- Visual aids
- Training needs analysis

Day One: Afternoon

- The training cycle
- Learning theory
 - Learning styles
 - Conscious Competence
- Communications and training
 - Getting your message across
 - Self-awareness – your values etc & impact on how you train
- **Participant training delivery with feedback**

Day Two: Morning

- Day 1 review
- Review of participant training delivery
- Planning a training session
- Objective setting
- ABC – Attention; Breaking down the session; Checking understanding
 - Practical training session design

Day Two: Afternoon

- Preparing a session plan
- Developing resources / learning materials
- Communications and training
- Self-management
- Guidance for full training delivery

Day Three: Morning

- Day 2 review
- Managing the learning environment
- Your audience
- Evaluating training
- **20 minute training session delivery (video)**

Day Three: Afternoon

- **20 minute training session delivery (video)**
- Training session reviews & discussion
- Action plans
- Programme review & evaluation

Summary and close

“

Nigel made everyone in the group feel at ease. He got the message across by breaking everything down into simple sections. Very good. Would recommend.

Contact us